

About Us!



How it started

Broomhill Sports Club is a local charity in Glasgow that began in 2004 to provide local primary school kids with access to team sports and which today has its own established 11-a-side football teams in the women's League One and the men's Lowland League [website]. In April 2022 the club took a leap of faith and began funding some 5-a-side football pitches in Scotstoun twice a week, inviting women who just want to play football for fun (a surprisingly overlooked category despite the dozens of football groups around the city at the time)!

Those early sessions in the Spring were a lot of fun as one by one women came along to give it a go, discovering or rediscovering their love of playing football and sowing the seeds of new friendships. And even on the days that we didn't have enough players for a game of 5 v 5 we improvised with some pretty hilarious made-up-on-the-spot 'training drills'! Before long we realised that we actually had some 'regulars' who kept coming, and new

faces continued to join the sessions too. And then those new faces became regulars, who then helped the *new* new faces settle in. Something was brewing!

How it's going!

Almost a year on and with a record 29 players turning up in on a single, cold night in January (!!!) we are on the verge of outgrowing our Scotstoun home but we're not stopping there! Shaking off the safety bubble of our rec sessions we're now dipping our toes into the pool of 5 and 7-a-side tournaments across the city and we're currently playing at Goals in Shawlands on Saturday mornings and at Firhill Sports Complex in monthly Sunday sessions. One of our proudest moments to date was climbing to the top of the beginners 7s league in February!





Leaderboard	Р	MP	W	D	L	F
1 BSC REC	18	8	6	0	2	23
2 CAMP HELLCATS FC	17	9	5	2	2	12
3 SEE GLASGOW PRIDE	17	7	5	2	0	9
4 CATHKIN BLAZES ORANGE	14	8	4	2	2	7
5 © GLASGOW SAINTS 2	11	8	3	2	3	11
6 OCAMP HELLCATS FC	7	8	2	1	5	5
7 CATHKIN BLAZES RED	6	8	2	0	6	6
8 CALCIO GOVANHILL	1	8	0	1	7	2

Meet some of the gang

We're a merry motley crew of all ages, from all walks of life, with a wide range of nationalities - the fundamental beauty of this group! Come along to one of our sessions and you'll be playing and chatting with students, policewomen, rehab specialists, professors, store managers, doctors, writers, social workers, lab scientists... and far too many other cool jobs to mention. Most importantly though, everyone is there to have fun and encourage each other, regardless of their background.

Lisa



"I'm 42 and I never thought I'd be playing football again after a 20 year break. Finding BSC Rec and the amazing women who are now teammates and friends was one of my 2022 highlights! We are creating a pretty special community here and I'm so pleased to be part of its continued journey"

Lorna



"Playing for BSC Rec has ignited my love of football. I really doubt there is a nicer, more welcoming bunch of girls playing for the one team! Not only has the team grew this past year but along with it a lot of new friendships have been made which is a lovely bonus to keeping fit and genuinely having a laugh:-) It's also exciting to see the team branch out into more competitive 5's and 7's leagues which are great fun too."

Robyn



Football saved my life! After a major bout of depression in 2014, I was encouraged to get back into playing football. Being a part of an 11-a-side team rekindled my love for football. But after 8 years of competitive football I was beginning to struggle against the talent of today's young women. I had not long signed with my last team when I realised I was no longer enjoying 11-a-side football.

BSC Rec has given me a new outlook to playing football. The relaxed atmosphere, the fun, the laughter is now a big highlight of my week. Working in a highly stressful job, it is so refreshing to spend a few hours a week with all the wonderful women I have had the opportunity meet through this set up #weareBSC

Steph



"After years away from playing, having "given up for good" several times due to injuries, the football bug bit me again at the start of 2022, and I started looking for a group to play with. By chance I discovered the BSC Rec group, and from the first time I went along I knew it was going to take something huge to make me give up the game again any time soon.

The beauty of BSC is the fun, welcoming environment, where players of all abilities are able to enjoy a relaxed but competitive game twice a week and make new friends in the process.

The step up to competing in 5s and 7s leagues has given us the chance to be involved in something amazing, and the opportunity to grow even further is exciting."

Jess



"When I first started coming to bsc rec last summer I had never played football before, but from my very first session I was made to feel welcome and valued as part of the team, despite my lack of football skills. The encouragement from the other girls allowed me to improve week to week, even gaining the confidence to participate in the 5s tournament.

Beyond the football, I've made some really great friends through coming to bsc rec and feel like part of a little community. I look forward to it every week."

Seonaid



"I popped along to Scotstoun one Sunday morning in June after a Google search came up with the BSC sessions. I've tried some other Women's football groups in the past but the vibe just wasn't right. BSC Rec hit the right vibe immediately. Fun, friendly, no judgments, banter and just the right level of competitiveness! I've now been attending regularly for about 8 months/dipped my toe into the leagues and it just keeps getting better. I've meet some cracking, like minded individuals - all I wanted was to kick a ball about, keep my fitness up and to have a laugh whilst doing it - that is 100% what you get when you join BSC Rec! it's a joy to be a part of and to also watch it grow into something great!"

Erin



"I'd been looking to get back into football for a good while when I came across BSC, went along one Wednesday night and have never looked back! I love being part of the BSC gang and having the opportunity to play in a carefree fun environment but also getting stuck into different tournaments. I'd recommend coming along to anyone."

Lorraine



"From that very first session in April 2022 to the most recent one that we had on Wednesday night this week I can honestly say that the hours that I spend running around a football pitch with this gang and the hours that I spend laughing with this gang (sometimes these things happen at the same time:-)) have become a special part of my life since moving back to Glasgow in 2021. Bring on the 1st birthday celebrations!!!"

Our Mission

The power and positivity of watching a women's football group growing so organically and with such a genuinely friendly, encouraging and inclusive vibe has been a joy to be a part of and we'd love you to be a part of it too!

Broomhill Sports Club has until now been kindly supplying us with second-hand strips from past seasons of their women's 11-a-side league team but now that we're approaching our 1st birthday it would be an amazing milestone to have some new, bespoke strips of our own! Finding a fitting sponsor to fund the strips is our mission and we'd love to wear kits emblazoned with the name of a local business like yours!

What We Can Offer

- 1. Your logo on our strips Which we will wear to our 5s and 7s competitions, promoting your business in front of the dozens of players, coaches, supporters and families who attend. The competition venues & hosts all have their own social media channels too so you will be promoted to an even wider audience
- 2. **A bunch of smiley, happy people** If you'd like to take the plunge and be the person/business who makes our day then we'd be more than happy to have some players come along to your business premises to have photos taken in our strips for your (and our) advertising/promotion materials
- 3. **Media Coverage** We update our Instagram page regularly with photos from our rec sessions and our 5s and 7s competitions, and Broomhill Sports Club is just launched <u>our very own page</u> on their club website. We're also currently choosing a Player Of The Week to present with a 'goody bag' from the current sponsor (Pacitti Jones) of the women's 11-a-side team, which we then show on our social media channels. This could be *your* advertising spot instead!







Contact Info

Thank you for reading about our little group's journey (so far)! If you're interested in being our sponsor then please reach out to us via one of the channels below. If you're not able to be our sponsor we still thank you for reading and we hope that your business goes from strength to strength!



INSTAGRAM:
@bscwomensrec5s

EMAIL:

PHONE:

lainymartin@hotmail.com Lorraine: 07853607660